

Supporting the Social and Emotional Needs of Our Students



January 10, 2017

Outcomes



Understand how social and emotional needs impact our students' lives

Review our student data about current needs

Understand how multi-tiered system of supports works within an educational community

Why Does Mental Health Matter?



One in ten

has a mental health challenge serious enough to impair how they function at home, at school, and with a peers.

One in five

has a diagnosable emotional, behavioral or mental health disorder.

One in four

high school students that reported feelings of depression that were severe enough to impair their daily activities.



Children's Defense Fund Mental Health Fact Sheet, 2010

SAMSHA Behavioral Health Barometer, 2014

Laguna Beach Unified's Data

How are our students impacted by their social/emotional needs?



According to the 2016 California Healthy Kids Survey:

- *58% of 5th graders reported high school protective factors*
- *18% of 7th graders reported feelings of chronic sadness or hopelessness*
- *25% of 9th graders feel that there are high levels of school supports*
- *38% of 11th graders reported feelings of chronic sadness or hopelessness*

Students Eligible for Special Education

Dec. 2016	ID	HH	Deaf	SLI	VI	TBI	ED	MD	OI	OHI	SLD	AUT
359	2	6	2	71	1	1	13	1	5	65	113	79

Student identified with ED, Other Health Impairment and Autism will almost always have behavioral and/ or social emotional needs identified which necessitate services of Psychologist and Counselor.

Students Eligible for Section 504 Plans

TOW 26

El Morro 11

TMS 34

LBHS 82

TOTAL as of December 2016: 153

Psychologists conduct initial and updated assessments and counselors case manage and conduct Annual 504 meeting reviews.

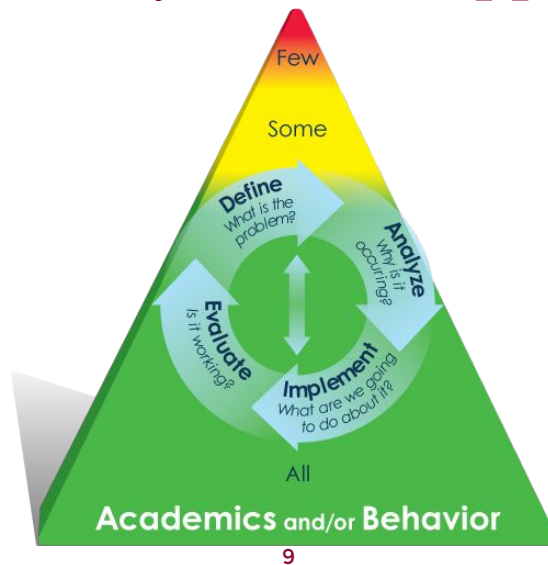
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National Alliance for Mental Illness: 10 Best Practices



1. Train school professionals on the early warning signs of mental illness and how to effectively communicate with families about mental health and related concerns
2. Train school professionals in effective and research-based teaching methods and behavioral interventions

Multi-Tiered System of Support Model



LBUSD Site Guidance Plans

- Counselors, psychologists, and Site Administrators identified needs and focus areas based on the *American Association of School Counseling Model* - 2015/16
- Sites used information to create detailed, comprehensive site specific guidance plans - 2016/17
 - Plans include academic, social, emotional, and college and career readiness goals, actions, and resources
 - Tier 1, 2, and 3 supports and interventions in each area

MTSS: A Comprehensive System of Support



Tier One (80%)

- Universal Screeners for identification of early warning signs
- Training and support for school staff
- Effective partnerships with families

Tier Two (15%)

- Secondary Prevention: Specialized Group System for Students with At-Risk Behaviors
- Intervention
- Social/Academic Instructional Groups

Tier Three (5%)

- Individualized Systems for Students with High Risk Behavior
- Person Centered Planning: Wrap Around Services

Next Steps