

# LAGUNA BEACH UNIFIED SCHOOL DISTRICT

## COMPREHENSIVE HEALTH INSTRUCTION

### **BP 6142.1**

#### Instruction

The Governing Board desires to provide a well-planned, integrated sequence of medically accurate and inclusive instruction on comprehensive sexual health and human immunodeficiency virus (HIV) prevention. The district's educational program shall provide students with the knowledge and skills necessary to protect them from sexually transmitted infections and unintended pregnancy and to have healthy, positive, and safe relationships and behaviors. The district's educational program shall also promote understanding of sexuality as a normal part of human development and the development of healthy attitudes and behaviors concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.

Comprehensive sexual health education and HIV prevention education shall be offered to all students in grades 7-12, including at least once in junior high or middle school and at least once in high school.

The Health Education Content Standards for California Public Schools have eight overarching standards in the following areas:

1. Essential Health Concepts: All students will comprehend essential concepts related to enhancing health.
2. Analyzing Health Influences: All students will demonstrate the ability to analyze internal and external influences that affect health.
3. Accessing Valid Health Information: All students will demonstrate the ability to access and analyze health information, products, and services.
4. Interpersonal Communication: All students will demonstrate the ability to use interpersonal communication skills to enhance health.
5. Decision Making: All students will demonstrate the ability to use decision-making skills to enhance health.
6. Goal Setting: All students will demonstrate the ability to use goal-setting skills to enhance health.
7. Practicing Health-Enhancing Behaviors: All students will demonstrate the ability to practice behaviors that reduce risk and promote health.
8. Health Promotion: All students will demonstrate the ability to promote and support personal, family, and community health.

The district's curriculum shall support the purposes of the California Healthy Youth Act as specified in Education Code 51930-51939, be unbiased and inclusive of all students in the classroom, and be aligned with the state's content standards. The district shall respect the rights of parents/guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children.

## Parent/Guardian Consent

Annually, parents/guardians shall be notified that they may request in writing that their child be excused from participating in comprehensive sexual health and HIV prevention education. Students so excused by their parents/guardians shall be given an alternative educational activity.

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive the instruction.

### Legal Reference:

#### EDUCATION CODE

220 Prohibition of discrimination

33544 Inclusion of sexual harassment and violence in health curriculum framework

48980 Notice at beginning of term

51202 Instruction in personal and public health and safety

51210.8 Health education curriculum

51225.35 Instruction in sexual harassment and violence; districts that require health education for graduation

51240 Excuse from instruction due to religious beliefs

51513 Materials containing questions about beliefs or practices

51930-51939 California Healthy Youth Act

67386 Student safety; affirmative consent standard

#### HEALTH AND SAFETY CODE

1255.7 Parents surrendering physical custody of a baby

#### PENAL CODE

243.4 Sexual battery

261.5 Unlawful sexual intercourse

271.5 Parents voluntarily surrendering custody of a baby

#### UNITED STATES CODE, TITLE 20

1232h Protection of student rights

7906 Sex education

Date Board Policy Adopted: September 25, 2018