

# Items for the SEHS- Primary

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## 1. Introductory Text

Hello!

You are being asked to take a survey about how you have felt over the past few weeks.

1. Why am I being asked to take this survey?

- Your school wants you to be a successful student.
- Your school wants you to feel good about your school experiences.

2. How do I complete this survey?

- Read each item and choose the response that best describes you.
- Please be honest about your answers
- This is NOT a test and there are no right or wrong answers.
- You can skip any questions you don't want to answer. Raise your hand if you have any questions.

3. Who will see my answers?

- Unless you need help at this time, the school staff will not share your answers with anyone.
- If the school staff think you might benefit from extra support, the counselor will meet with you so that they can figure out what will be most helpful.

THANK YOU!

## 2. Practice Questions

**2.1 Which circle listed below says, "No, almost never"?**

1 = No, never   2 = No, almost never   3 = Yes, sometimes   4 = Yes, often   5 = Yes, very often   6 = Yes, always

**2.2 Which circle listed below says, "Yes, very often"?**

1 = No, never   2 = No, almost never   3 = Yes, sometimes   4 = Yes, often   5 = Yes, very often   6 = Yes, always

**2.3 Which circle listed below says, "Yes, sometimes"?**

1 = No, never   2 = No, almost never   3 = Yes, sometimes   4 = Yes, often   5 = Yes, very often   6 = Yes, always

## 2.4 Do you love to eat Rocky Road ice cream?

1 = No, never   2 = No, almost never   3 = Yes, sometimes   4 = Yes, often   5 = Yes, very often   6 = Yes, always

# 3. Demographic Items

## 3.1 Item Removed for LBUSD

## 3.2 What is your grade?

1 = 4th   2 = 5th

## 3.3 How old are you?

1 = 8   2 = 9   3 = 10   4 = 11

## 3.4 What language do you usually speak at home?

1 = English   2 = Spanish   3 = Both English and Spanish   4 = Other Language

## 3.5 Which cultural group or ethnicity do you most closely identify with?

1 = Native American or American Indian   2 = Hispanic/Latino/a/Mexican   3 = Caucasian/White   4 = Black or African American   5 = Asian American   6 = Pacific Islander   7 = Other

# 4. Student ID and Assent Items

4.1 Please enter your Student ID below \_\_\_\_\_

## 4.2 Do you agree to participate in this survey?

1 = Yes, I will complete the survey   2 = No, I decline to take the survey

## 5. SEHS-P Items

### 5.1 I am lucky to go to my school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.2 I am thankful that I get to learn new things at school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.3 We are lucky to have nice teachers at my school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.4 I feel thankful for my good friends at school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.5 When I have problems at school, I know they will get better in the future.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.6 I expect good things to happen at my school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.7 Each week, I expect to feel happy in class.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.8 I expect to have fun with my friends at school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.9 I get excited when I learn something new at school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.10 I get really excited about my school projects.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.11 I wake up in the morning excited to go to school.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.12 I get excited when I am doing my class assignments.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

### 5.13 I finish all my class assignments.

1 = Not at all true of me   2 = A little true of me   3 = Pretty much true of me   4 = Very much true of me

**5.14 When I get a bad (low) grade, I try even harder the next time.**

1 = Not at all true of me    2 = A little true of me    3 = Pretty much true of me    4 = Very much true of me

**5.15 I keep working until I get my schoolwork right.**

1 = Not at all true of me    2 = A little true of me    3 = Pretty much true of me    4 = Very much true of me

**5.16 I do my class assignments even when they are really hard for me.**

1 = Not at all true of me    2 = A little true of me    3 = Pretty much true of me    4 = Very much true of me

## 6. Pokémon Validity Check Question

**6.1 Thanks! You are half way to the finish line. Please click on all of the Pokémon.**



**1**



**2**



**3**



**4**



**5**



**6**

## 7. Psychological Distress Scale

**7.1 I feel lonely**

1 = Never    2 = Sometimes    3 = Always

**7.2 I am unhappy**

1 = Never    2 = Sometimes    3 = Always

**7.3 Nobody likes me**

1 = Never    2 = Sometimes    3 = Always

**7.4 I cry a lot**

1 = Never 2 = Sometimes 3 = Always

### **7.5 I worry when I am at school**

1 = Never 2 = Sometimes 3 = Always

### **7.6 I worry a lot**

1 = Never 2 = Sometimes 3 = Always

### **7.7 I have problems sleeping**

3 = Never 2 = Sometimes 1 = Always

### **7.8 I wake up in the night**

1 = Never 2 = Sometimes 3 = Always

### **7.9 I am shy**

1 = Never 2 = Sometimes 3 = Always

### **7.10 I feel scared**

1 = Never 2 = Sometimes 3 = Always

### **7.11 I get very angry**

1 = Never 2 = Sometimes 3 = Always

### **7.12 I lose my temper**

3 = Never 2 = Sometimes 1 = Always

### **7.13 I do things to hurt people**

3 = Never 2 = Sometimes 1 = Always

### **7.14 I am calm**

3 = Never 2 = Sometimes 1 = Always

### 7.15 I hit others when I am angry

3 = Never 2 = Sometimes 1 = Always

### 7.16 I break things on purpose

3 = Never 2 = Sometimes 1 = Always

## 8. School Connectedness Scale

### 8.1 I feel close to people at this school.

1 = Strongly disagree      2 = Disagree      3 = Neither disagree nor agree      4 = Agree      5 = Strongly agree

### 8.2 I am happy to be at this school.

1 = Strongly disagree      2 = Disagree      3 = Neither disagree nor agree      4 = Agree      5 = Strongly agree

### 8.3 I feel like I am part of this school.

1 = Strongly disagree      2 = Disagree      3 = Neither disagree nor agree      4 = Agree      5 = Strongly agree

### 8.4 The teachers at this school treat students fairly.

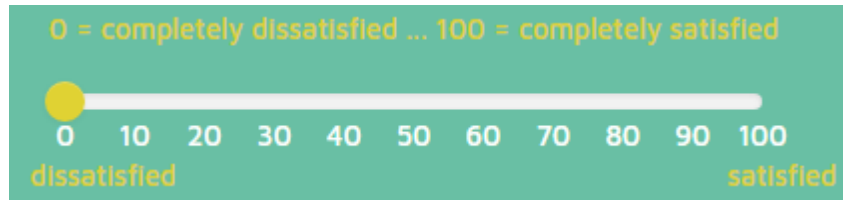
1 = Strongly disagree      2 = Disagree      3 = Neither disagree nor agree      4 = Agree      5 = Strongly agree

### 8.5 I feel safe at this school.

1 = Strongly disagree      2 = Disagree      3 = Neither disagree nor agree      4 = Agree      5 = Strongly agree

## 9. Global Life Satisfaction Item

### 9.1 I would describe my satisfaction with my LIFE OVERALL as:



## 10. Additional Items

10.1 Please enter your school ID number again \_\_\_\_\_

10.2 Please add any comments or suggestions you have about the survey and what the staff can do to help your school have a more engaging and supportive school climate.

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