

Items for the SEHS- Secondary

1. Introductory Text

Hello!

Your school is committed to developing programs to help you learn better and feel better about your experiences in school. Today you are being asked to answer some questions about how you feel and how you have felt over the last few weeks.

Please be honest in your responses as the counselors and other staff at your school will use this information to support students like you.

Unless you need specific support at this time, the school staff will not share your answers with anyone. If the school counselors and other staff think you could benefit from extra support services, we will ask you to meet with your counselor so that we can figure out what will be most helpful for you.

We are truly interested in your opinions so we can help students like you. This is NOT a test and there are no right or wrong answers. One of the major goals of the your school's principal, teacher, and other staff is to help all students do their best and thrive.

2. Initial and Demographic Items

2.1 DELETE GENDER ITEM for LBUSD

2.2 What grade are you in?

1 = 6 2 = 7 3 = 8 4 = 9 5 = 10 6 = 11 7 = 12

2.3 What school do you attend?

Open Text Entry Box

2.4 Which cultural group or ethnicity do you most closely identify with?

1 = Latino or Hispanic 2 = Native Hawaiian or Pacific Islander 3 = White 4 = Black or African American 5 = Asian 6 = American Indian or Alaska Native 7 = Two or More Groups

3. Student ID and Assent Items

3.1 Please enter your Student ID below _____

3.2 Do you agree to participate in this survey?

1 = Yes, I will complete the survey 2 = No, I decline to take the survey

4. SEHS-S Items

4.1. I can work out my problems.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.2. I can do most things if I try.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.3. There are many things that I do well.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.4. There is a purpose to my life.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.5. I understand my moods and feelings.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.6. I understand why I do what I do.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.7. When I do not understand something, I ask the teacher again and again until I understand.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.8. I try to answer all the questions asked in class.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.9. When I try to solve a math problem, I will not stop until I find a final solution.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.10. At my school, there is a teacher or some other adult who always wants me to do my best.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.11. At my school, there is a teacher or some other adult who listens to me when I have something to say.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.12. At my school, there is a teacher or some other adult who believes that I will be a success.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.13. My family members really help and support one another.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.14. There is a feeling of togetherness in my family.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.15. My family really gets along well with each other.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.16. I have a friend my age who really cares about me.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.17. I have a friend my age who talks with me about my problems.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.18. I have a friend my age who helps me when I'm having a hard time.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.19. I accept responsibility for my actions.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.20. When I make a mistake I admit it.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.21. I can deal with being told no.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.22. I feel bad when someone gets his or her feelings hurt.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.23. I try to understand what other people go through.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.24. I try to understand how other people feel and think.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.25. I can wait for what I want.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.26. I don't bother others when they are busy.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.27. I think before I act.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.28. Each day I look forward to having a lot of fun.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.29. I usually expect to have a good day.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.30. Overall, I expect more good things to happen to me than bad things.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = Very much true of me

4.31. How much do you feel ENERGETIC right now?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.32. How much do you feel ACTIVE right now?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.33. How much do you feel LIVELY right now?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.34. How much do you feel ENTHUSIASTIC right now?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.35. Since yesterday how much have you felt GRATEFUL?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.36. Since yesterday how much have you felt THANKFUL?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

4.37. Since yesterday how much have you felt APPRECIATIVE?

1 = Not at all 2 = Very little 3 = Somewhat 4 = Quite a lot 5 = Extremely

5. Response Consistency Item

5.1. How safe do you feel when you are at school?

1 = Very safe 2 = safe 3 = neither safe nor unsafe 4 = unsafe 5 = very unsafe

6. Psychological Distress Scale

6.1. In the past month, I had a hard time breathing because I was anxious.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.2. In the past month, I worried that I would embarrass myself in front of others.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.3. In the past month, I was tense and uptight.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.4. In the past month, I had a hard time relaxing.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.5. In the past month, I felt sad and down.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.6. In the past month, I was easily irritated because things got in the way of what I was doing.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.7. In the past month, it was hard for me to cope and I thought I would panic.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.8. In the past month, it was hard for me to get excited about anything.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.9. In the past month, I felt unimportant.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.10. In the past month, I was easily annoyed and sensitive.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.11. In the past month, I was scared for no good reason.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

6.12. In the past month, my life felt pointless.

1 = Not at all true of me 2 = A little true of me 3 = Pretty much true of me 4 = True of me 5 = Very true of me

7. School Connectedness Scale

7.1 I feel close to people at this school.

1 = Strongly disagree	2 = Disagree	3 = Neither disagree nor agree	4 = Agree	5 = Strongly agree
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7.2 I am happy to be at this school.

1 = Strongly disagree	2 = Disagree	3 = Neither disagree nor agree	4 = Agree	5 = Strongly agree
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7.3 I feel like I am part of this school.

1 = Strongly disagree	2 = Disagree	3 = Neither disagree nor agree	4 = Agree	5 = Strongly agree
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7.4 The teachers at this school treat students fairly.

1 = Strongly disagree	2 = Disagree	3 = Neither disagree nor agree	4 = Agree	5 = Strongly agree
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7.5 I feel safe at this school.

1 = Strongly disagree

2 = Disagree

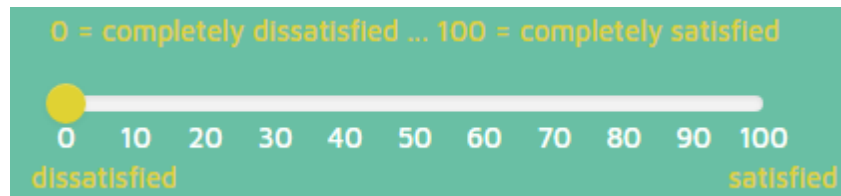
3 = Neither disagree nor agree

4 = Agree

5 = Strongly agree

8. Global Life Satisfaction Item

8.1 I would describe my satisfaction with my LIFE OVERALL as:



9. Authentic Responding Items

9.1. Do you have a disability? (check all that apply)

- Physical disability
- Hearing problem
- Deafness
- Visual problems
- Blindness
- Health impairment
- Learning disability
- None

9.2. When was the last time you were seen by a dentist?

1 = Less than 1 year 2 = 1 year 3 = 2 years 4 = 3-4 years 5 = 5 or more years

9.3. How many times have been recognized as a student of the month?

- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10+

9.4. How many siblings do you have?

- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10+

9.5. If you had to choose just one flavor of ice cream for one year, which one would you select?

1 = Chocolate 2 = Vanilla 3 = Rum Raisin 4 = Strawberry 5 = I'd go without ice cream

9.6. How many questions in this survey did YOU answer honestly?

1 = All questions 2 = Most questions 3 = Some questions 4 = Hardly any questions 5 = None of the questions

10. Additional Items

10.1 These questions helped me to privately tell adults about what is going on in my life.

1 = Strongly disagree 2 = Moderately disagree 3 = Mildly disagree 4 = Mildly agree 5 = Moderately agree 6 = Strongly agree

10.2 The questions in this survey were relevant to all students' life experiences.

1 = Strongly disagree 2 = Moderately disagree 3 = Mildly disagree 4 = Mildly agree 5 = Moderately agree 6 = Strongly agree

10.3 The questions in this survey will help my school to better support all students.

1 = Strongly disagree 2 = Moderately disagree 3 = Mildly disagree 4 = Mildly agree 5 = Moderately agree 6 = Strongly agree

10.4 Please enter your school ID number again _____

10.5 Please add any comments or suggestions you have about the survey and what the staff can do to help your school have a more engaging and supportive school climate.
