



Want to  
make your  
family  
stronger  
and  
healthier?

Sessions start on Feb 27, 2018  
for 5 weeks every Tuesday from  
9:30 - 11:30AM

Session 1: 2/27/18

Session 2: 3/6/18

Session 3: 3/13/18

Session 4: 3/20/18

Session 5: 3/27/18

Location:

Church of Jesus Christ Latter Day Saints  
682 Park Ave.  
Laguna Beach, CA 92651

*Alcohol & Drug Prevention Team (ADEPT)*

## Guiding Good Choices

### Help Your Children Make Better Choices

Join us for this free parenting workshop series where in just 5 sessions you will learn:

- How to set clear family guidelines regarding alcohol and drugs
- Family bonding techniques to strengthen your relationship
- Techniques to help your kids develop healthy behaviors
- Ways to get your children more involved with the family

To register, call **Laura Buscemi-Beebe at (714) 834-2969** or  
email at [adept@ochca.com](mailto:adept@ochca.com). **Space is limited.**

A certificate of completion will be given out to participating parents who complete the series.

Health Promotion

